

organization of MSU Extension and the largest in





Youth collaborate with caring adults to lead handson projects. Trained volunteers provide a positive environment where youth



IMPACT This experience grows leaders with life skills like confidence, independence, and compassion, producing 4-Hers who are 4X more likely to make healthy decisions and 2X more likely to pursue STEM

opportunities.



HELP GROW TRUE LEADERS. VOLUNTEER TODAY.

According to a 10-year longitudinal study conducted by the Institute for Applied Research in Youth Development at Tufts University, 4-H youth are:



MORE LIKELY TO **PARTICIPATE** IN SCIENCE PROGRAMS OUTSIDE OF SCHOOLTIME MORE LIKELY TO MAKE **HEALTHIER CHOICES**

MONTANA 4-H EMPOWERS YOUTH TO TRULY LEAD.







4-H gives young people experiences where they can learn by doing, grow from failure, express their ideas, and lead. We tap into their potential and empower them to become true leaders.

With over 200 projects to choose from and youth development programs in 56 counties and 7 reservations across Montana, 4-H provides the kinds of experiences that help

young people grow into true leaders.

At the core of the 4-H youth experience are caring adult volunteers just like you.

Regardless of your availability there is a 4-H volunteer opportunity waiting for you. Become a 4-H volunteer today, and pass on your valuable skills to a new generation.

Montana 4-H is the youth development program of Montana State University Extension.

