Don't let long titles/headings automatically wrap to the next line. Stop the line about 3/4 way to the page number and continue on next line directly below the first letter of the title above. **Stop approximately here** ↓

ν

## LIST OF TABLES

Table	Page	Page
	1. Table Name	numbers must
	2. Example of a very long entry which requires you to wrap the text and start it again on the second line under the word above	line up exactly

If List of Tables continues on more than one page, the following pages must have a the page title and the table/page headers:

## LIST OF TABLES CONTINUED

Table

Don't let long titles/headings automatically wrap to the next line. Stop the line about 3/4 way to the page number and continue on next line directly below the first letter of the title above. **Stop approximately here** ↓

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## LIST OF FIGURES

Figure	age (	Page
1. Figure Name	3	numbers
		must
2. Figure Name	8	line up exactly
		exactly

If List of Figures continues on more than one page, the following pages must have a the page title and the table/page header:

## LIST OF FIGURES CONTINUED

Figure