## Sanders County 4-H Food & Nutrition project members,

Following are guidelines for you when entering your food exhibits in the fair.

- A complete, written recipe must accompany <u>all</u> food exhibits.
  - Exhibits without recipes included will drop one ribbon placing.
- All food entries must be made from scratch. You may use mixes only if it is suggested in your project. Please mark on the recipe card if a mix has been used.
- All food entries including hot dishes and refrigerated items must be presented for judging at a food save serving temperature.
  - Members will be responsible for providing needed equipment to keep hot dishes hot.
  - A large cooler is provided in the Home-Ec Building to keep displayed refrigerated items cool.
- All food items must be placed on a disposable dish or tin and covered with a clear sealable plastic bag. Do not use plastic wrap to cover your food item.
- Entry tag should be stapled to the plate or back of the bag.
- Cake, pie, and loaf exhibits must include the whole item for judges to look at. Following the
  judging process one piece will be kept for display at the fair and the remaining portion may be
  removed by member.

## • Food Preservation:

- Current USDA guidelines must be followed for all food preservation/canning exhibits.
  - A complete, written recipe must accompany <u>all</u> food exhibits.
  - Exhibits without recipes included will drop one ribbon placing.
- o Canned exhibits must have sealed standard jars, lids and include the ring.
- Label exhibit jar with contents, date processed, processing method (water bath or other(freezer jam), processing time, and type of pack (if relevant).
- Food preservation products not meeting these criteria will be dropped one placing.
- The judges will decide which canned foods will be opened and taste tested.

<sup>\*</sup>Entry cards are generated through the FairEntry online program in the Extension Office. Entry cards for all your 4-H fair exhibits will be given to your Organizational leader on Fair Readiness Day. Contact her to receive them so you may have them securely attached to your exhibits upon arrival of the fair. **An entry card MUST accompany every 4-H fair exhibit.** Contact the Extension Office if it looks like you are missing an entry card after receiving them from your leader.