

# VALLEY COUNTY 4-H LIFE SKILLS DAY 2025



Return completed form by - **Wednesday, April 2**  
To: **Valley County Extension Office**  
[valley@montana.edu](mailto:valley@montana.edu)



**Date of Event: April 6**

**Opheim School**

**Check in 1:30 p.m. -- Event starts promptly at 2:00 p.m.**

**All 4-H members are encouraged to participate from Cloverbuds to Seniors.**

**There are three age divisions plus Cloverbuds.**

**Check your division based on how old you were at the beginning of the 4-H year (Oct 1, 2024)**

**Sr Division 14+**

**Jr Division 11-13**

**Pre-Jr Division 9-10**

**Cloverbuds**

NAME:			
ADDRESS:			
4-H CLUB:		YEARS IN 4-H:	
PHONE:	e-mail:		

Check event(s) you wish to participate in: (you may register for more than 1 event)

Demonstration

Team Demonstration

Illustrated Talk

Speech

Short Take  
(Impromptu)

Career Communication  
(Interview)

Quilt Show & Tell

Gavel Game

List team members:

List any technology equipment you need provided.

- 1.
- 2.
- 3.
- 4.

<b>TITLE OF PRESENTATION:</b>
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Tell us a little something special about yourself to use in the introduction. (This helps the announcer.)