



Simply Snazzy Salad

This salad is an easy and fun recipe for students to help prepare for any occasion! Experiment with different types of greens, or mix them for more colors and flavors!

Source: Kristen Gerbatsch, FoodCorps

Servings

6

Ingredients

7 cups any type of salad greens or mixed greens

1/3 cup carrots, *thinly sliced*

2/3 cup dried cherries or cranberries

2/3 cup walnuts, *chopped*

3 Tbsp balsamic vinegar

1/3 cup olive oil

1 Tbsp Dijon mustard

2 tsp honey



Preparation

1. Place greens, carrots, cranberries, and walnuts into a large mixing bowl.
2. In a small bowl, add balsamic vinegar, olive oil, mustard, and honey. Whisk ingredients together using a fork or whisk until smooth and evenly mixed.
3. Right before serving, pour dressing over the salad in the large mixing bowl. Gently toss the salad to coat all the ingredients.

Dig Deeper

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mtharvestofthemonth.org



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Leafy Greens



Chard



Watercress



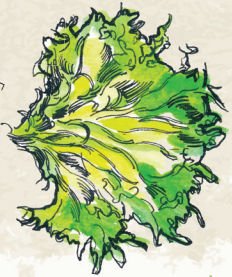
Microgreens



Spinach



Bibb Lettuce



Frisee Lettuce



Romaine Lettuce



Red Oak Leaf Lettuce

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Leafy Greens



Chard



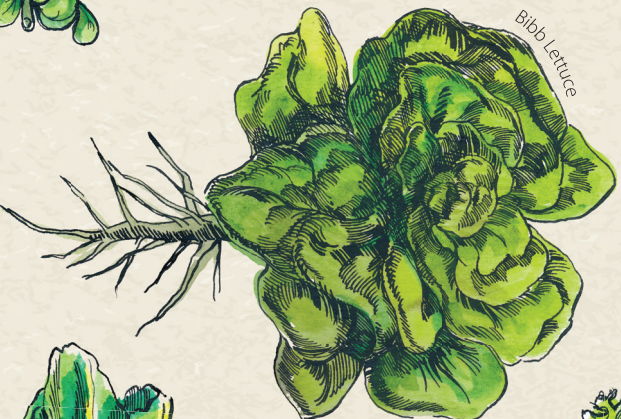
Watercress



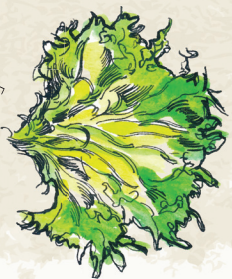
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