



Red, White, and Blue Salad

Source: Northwest Cherry Growers
(<https://www.nwcherries.com/recipes>)

Servings

6

Ingredients

Base

- 1 1/2 cups Fresh sweet cherries, *pitted*
- 1 1/2 cups Rainier cherries, *pitted*
- 1 1/2 cups White peach, *large, pitted, and cubed*
- 1 1/2 cups Fresh blueberries

Minted Honey Lemon Dressing

- 3 Tbsp Fresh lemon juice
- 1 1/2 Tbsp Honey
- 1 1/2 Tbsp Olive oil
- 1 Tbsp Fresh mint, *chopped*
- 1/4 tsp Salt

Preparation

1. Toss cherries, peaches, and blueberries in a bowl.
2. In a separate bowl, combine lemon dressing ingredients (lemon, honey, olive oil, mint, salt) and whisk well.
3. Drizzle dressing over fruit and toss gently.
4. Serve Immediately.



Dig Deeper

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mtharvestofthemonth.org

