



Summer Squash

Sources

Cafeteria

- California Harvest of the Month (www.harvestofthemonth.cdph.ca.gov)
- Montana, Table 38, National Agriculture Statistics Service (www.agcensus.usda.gov/Publications/2012/Full_Report/Volume_1,_Chapter_1_State_Level/Montana)
- Can I Grow That Here? Guide, Montana State University Extension (store.msuextension.org/publications/YardandGarden/MT199308AG.pdf)
- The Visual Food Encyclopedia
- Food Fact Sheets “Summer Squash”, Montana State University Extension (www.msuextension.org/nutrition)
- New School Cuisine Cookbook, Vermont FEED (www.vtfeed.org/resources/new-school-cuisine-nutritious-and-seasonal-recipes-school-cooks-school-cooks)
- Fresh From the Farm: Massachusetts Farm to School Cookbook, Massachusetts Department of Agricultural Resources (www.massfarmtoschool.org/wp-content/uploads/2012/05/farm_to_school_cookbook.pdf)
- Zucchini botanical illustration used with permission from California Harvest of the Month (www.harvestofthemonth.cdph.ca.gov)
- Zucchini variety photos used with permission from The Kitchn (<http://www.thekitchn.com/a-visual-guide-to-8-varieties-of-summer-squash-220740>)

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mtharvestofthemonth.org

Classroom

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- Food Fact Sheets “Summer Squash”, Montana State University Extension (www.msuextension.org/nutrition)
- Developed by: Morgan Kelly, Montana Dietetic Internship program
- Baked Zucchini Chips, Skinny Mom Blog (www.skinnymom.com/skinny-baked-zucchini-chips/)
- Developed by: Erin Jackson, Gallatin Valley Farm to School (www.gvfarmtoschool.org)
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Home

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The Montana Harvest of the Month program showcases Montana grown foods in Montana communities. This program is a collaboration between Montana Farm to School, Office of Public Instruction, Montana Team Nutrition Program, National Center for Appropriate Technology, Montana State University Extension, Gallatin Valley Farm to School, FoodCorps Montana, and Montana Department of Agriculture. More information and resources are available at: mtharvestofthemonth.org.

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